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WHISKEYTOWN SAILING CLUB
 THANKS
 CAROL ANN CROWLEY
 FOR HER INVALUABLE ASSISTANCE
 WITH OUR NEWSLETTER THIS YEAR

WHISKEYTOWN
 SAILING CLUB
 APPRECIATES
 Marcie Adams and

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for their kindness and generosity
 in assisting with the printing of
 this newsletter!

WHISKEYTOWN
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The WSC website is undergoing design upgrades and revisions. Check it out after Labor Day to see the new look!



Alison Gillum, <http://blueseal.smugmug.com/>

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Fall Series Dates, Barge Assignments

Sept. 13	T.B.A.
Sept. 27	Ken Berryman
Oct. 11	Mike Eichwald
Oct. 25	Gordon Briggs
Nov. 1st	Mike Kelly

Each race-date will consist of two races, sailed back-to-back, the first race starting at 1:00 p.m.

If more than six dinghies and catamarans are starting, they start first, the keelboats start 5 minutes later.

See details inside, pages 2 and 3.



WHISKEYTOWN

SAILING CLUB NEWS

AUGUST 2009
est. 1965 to foster and encourage the sport of sailing

Boy Scout Troop 122 Gains Sail- ing Skills, Earns Merit Badges

by Ken Berryman

On July 11, 2009 members of the Whiskeytown Sailing Club joined with leadership of Boy Scout Troop 122 to help the young men finish requirements for their BSA Small Boat Sailing merit badges.

Nine boys, mostly from Troop 122, received training and practice in sailing techniques. These included rigging, launching, all points of sailing, tacking, and jibing. They also practiced recover-



Hunter Wright (13) enjoys a stress-free sail after several dunks and successful rescues.

(Dave Denton Photo)



David Baker (13) is pleased to have earned his Small Boat Sailing Merit Badge with the help of WSC members. (Dave Denton Photo)

ing from a capsized, rescuing a man overboard, and docking or beaching their boats. The boys spent several hours in the previous days in "ground school" learning sailing terms, knots, boating safety, sailing dynamics, right-of-way rules, sailing history, as well as taking swimming tests and first aid training.

WSC members Ron Hanford (*Snipe*), Mike Kelly (*Day Sailer*), and Ken Berryman, along with John Waldrop (*Merit 22*) are now Small Boat Sailing Merit Badge counselors, and are authorized to sign off on the boys' requirements.

John Denton, a former Boy Scout, brought his Laser sailboat out to help with the training. Isaac Spooner, a current older Scout with Troop 122 also helped with the training and later that evening entered his first sailboat "pursuit" race with the WSC. Dave Denton from Troop 122 manned the safety

boat for the day and also took many photos that are posted on the Whiskeytown Sailing Club web site.

Several of the boys passed all requirements for the merit badge and left with much enthusiasm for the sport. In previous years, many of the boys (and their parents) introduced to sailing through this venue have continued with the sport and purchased their own sailboats.

I'm certain that the continued involvement of the WSC with this program, as well as a possible youth ride-along program would bolster the Sailing Club's membership.

I would like to thank the Whiskeytown Sailing Club for their help with this event for yet another year. I think the number of Scouts that may sign up for this in the future may require even more involvement from club members. §

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High Sierra Regatta is Family, Friendship Tradition

This July marked the 56th annual High Sierra Regatta at Huntington Lake. This lake is only 4 miles long and 1/2 mile wide with 18 miles of shore line. I sailed this High Sierra jewel with the founders of this Regatta and their sons, 44 years after my family's first foray in 1965.

The two-weekend regatta splits dinghies and cats in the first weekend and keel boats and Thistle class boats the second weekend into a three-race format.

Many people will stay a week or two to sail both weekends, hike, backpack, fish, kayak or just relax. I arrived Thursday at my condo and got the boat ready for a tune up sail Friday.

After the shake down sail we went up to the resort for registration and reception. Free beer and wine and finger foods abounded. We encountered lots of good cheer and eager energetic sailors ready to try their skills again on the lake. The Day Sailer class had their class potluck at Bear Cove afterward and visited till dusk. I counted 18 DS's on the hook in the calm waters of the cove.

The Fall Series: Time to Get Serious!

So far this year our club has staged several races in the spring and a very successful Whiskeytown Regatta. The summer evening races were victims of the weather (a rain-out, a blowout with winds 18 with gusts to 35) a hot, flat, potential drifter (no thank you), and one decent race sailed on July 11, the Boy Scouts Day.

Now the club can focus on the Fall Series, where real trophies are up for the winning, and where the best of the best will be crowned the Sailor of the Year!

The Race format: Each race-date will consist of two races,

One year while we visited there a bear actually stood on the hood of Lewie Wagoner's new car to get into the dumpster. It put a big dent in the hood, which must have been an interesting sell to the insurance company.

This year I sailed the Day Sailer the first weekend with Rob Fiock, who is a very knowledgeable veteran of the class and lake. Even though we were 150 lbs. heavier (one whole crew) than the top boats, we finished *arespectable* 5 out of 28 Day Sailers. Day Sailers



Alison Gillum, <http://blueseal-smugmug.com/>

were the second largest class of (see "High Sierra" next page)

sailed back-to-back, with the first race starting at 1:00 p.m. If more than six dinghies and catamarans are starting, they start first; the keelboats start 5 minutes later.

Courses: The course to be sailed - posted on the barge prior to the first warning - will apply to all boats sailing that race (ie. all boats sail the same course).

Starting signals: 15 seconds prior to the first warning the barge horn will give three sounds. At the first warning, the blue shape is hoisted with one long horn. Four minutes later the blue shape is lowered (no horn). At the start the

"Get Serious" continued

red shape is hoisted with one long horn.

If a second start is required, it will occur five minutes after the first start, with the red shape being lowered one minute prior to that start, and re-hoisted at the start with one long horn (details will be handed out at the skipper's meetings).

The scoring: All boats will be scored using the Portsmouth handicapping system with the boats split into three classes : dinghies, catamarans, and keelboats. If ten races are sailed, two throw-outs are allowed. If nine races, one throw-out, If eight or fewer are sailed, no

Three Whiskeytown Sailors Enjoy "Low Riding" at Huntington

Bob Hepler, Shari Lendl (Chief cook, moral support and love of my life) and I took my wooden Thistle 926 to Huntington Lake for my first Thistle class regatta.

Seven and 1/2 hours, 2 stops (yes ladies, only two stops), one wrong turn, and 400 miles later, we met up with Greg Adams, our skipper.

Our hopes were to have Friday as a practice day, but instead we spent it making repairs on the forestay mounting bracket and internal boom outhaul . . . better Friday than race-day!

We soon found out that we had a huge racing disadvantage. The three of us (Bob, Greg, and I) weighed in at 400-450 pounds. At Huntington Lake, the winds are strong and consistently show up at 10:00 a.m. and turn off at 5:00 p.m.

On Saturday, our first day of racing, the wind did not show up until 11:30 a.m. and was verylight - about 10 knots.

Greg gave us a great start and

throw-outs.

Trophies: The number of trophies per class is based on the number of entries for each class. (Gold Rolex watches are out for this year, but perhaps in the future!)

WSC owes a special debt of gratitude to our treasurer, Gorden Briggs, who essentially moved "heaven and earth" to get our barge surveyed and certified in order to get our liability insurance back on track. Thank you Gorden!



Mike Kelly Photo

we were able to compete with the top dogs until we reached the top of the lake, where winds were lighter and shifty. Our weight played a big factor in tacking.

On down wind runs other boats were planing as we were low riding. We took 8th out of 11 boats,



Marty & Greg tune the Thistle at Whiskeytown. P. Hanford photo

which is how we consistently performed on all three races.

Even with our great tactics, we could not overcome our tonnage!

As one senior Thistle sailor said, "you have a great sense of humor to have the three of you racing together." There were times when

High Sierra, continued

boats counting both weekends, only exceeded by the Lido class. Four of the participants left afterward to travel to Massachusetts for the NACR while I hiked to Rancheria Falls, camped out, relaxed and got ready for the next weekend of racing in Thistle class boats. § *by Greg Adams*

Whiskeytown Clean-up

Saturday, September 26th
Call 242-8450, 242-3450, or 347-1687
for more information



that sense of humor was over-ridden by frustration.

But the tranquil beauty of this mountain lake and the comradery of the Thistle class made the trip enjoyable. We are looking forward to experiencing it all over again next year (but with less weight)! §

by Marty Lendl

High Sierra Regatta My Numerical Perspective

by Shari Lendl

One gorgeous mountain lake (at 7200' elevation)

Two beautiful walks down to watch my racing men

Three "A type" sailors - (true, but I enjoyed my time with the guys)

Four potty stops (2 on the way down and 2 on the way home)

Five meals made for my hungry sailors (3 breakfasts, 1 lunch, 1 dinner)

Equals: Priceless, unforgettable memories of time spent with my one and only of 30 years, and his comrades Bob and Greg!